Welcome to the Edward Walper Trail System at Old Woman Creek State Nature Preserve and National Estuarine Research Reserve! Trails are open daily, sunrise to sunset, unless posted. Please help preserve this natural area by observing the following rules: Stay on the designated trails. Biking is not permitted on the trails. Do not fish or hunt within the reserve. Pets are not allowed on reserve property. Food should be confined to the picnic table area near the Visitor Center parking lot. Pick up your trash when finished. Do not swim or wade at the beach or in the estuary. Additional rules and regulations can be found at: naturepreserves.ohiodnr.gov.

Beach Access Trail
- Description: Sand and gravel path
- Grade: Flat ground, no inclines
- Length: 660 feet
- Walk Time: 10 minutes
- Habitat: Sandy natural beach

Early Successional Access Trail
- Description: Natural surface / Wooded path
- Grade: Flat ground, no inclines
- Length: 1,470 feet
- Walk Time: 13 minutes
- Habitat: Woods, shrub-scrub uplands, shrub-scrub wetlands
- Uneven ground and tree roots

Estuary Overlook Trail
- Description: Asphalt, stone, or grassy / Wooded path
- Grade: Flat ground, no inclines
- Length: 2,110 feet
- Walk Time: 15 minutes
- Habitat: Estuary and woods
- Steep grades

Lower Estuary Loop Trail
- Description: Grassy surface / Wooded path
- Grade: Flat ground, no inclines
- Length: Approximately 1/2 mile
- Walk Time: 15 minutes
- Habitat: Estuary, woods, shrub-scrub uplands, shrub-scrub wetlands
- Uneven ground and tree roots

Prairie Access Trail
- Description: Grassy and natural surfaces / Wooded path
- Grade: Flat ground, no inclines
- Length: 1,080 feet
- Walk Time: 12 minutes
- Habitat: Native upland prairie, shrub-scrub uplands, shrub-scrub wetlands, woods
- Uneven ground and tree roots

Upland Woods Boardwalk Trail
- Description: Planked surface / Wooded boardwalk
- Grade: Staircases and steep grades
- Length: 3,030 feet
- Walk Time: 22 minutes
- Habitat: Woods, shrub-scrub uplands, wet prairie
- Staircases and steep grades