

2021 Ohio Women's Outdoor Adventures (OWOA)
Salt Fork State Park Lodge
Friday, September 17, 10 am - Sunday, September 19, 1 pm

Registration for new participants will open on Thursday, July 15 at noon. Returning participants will be invited to register on Thursday, July 22 at noon.

You will need to visit the Ohio Parks and Recreation website to create an account prior to registering. Use this link to create your new account:

<https://netforumpro.com/eweb/DynamicPage.aspx?Site=OPRA&WebCode=Verify>.

Once you have an account, you'll be able to register.

Course Overview

OWOA offers four education sessions over the weekend -- one session on Friday, two on Saturday, and one on Sunday. Due to class size limitations, popular sessions will be offered more than once. Some may require an additional fee, based on cost of materials. *Please note: all sessions are subject to change or cancellation.*

Registrants are asked to choose three options under each of three "theme" categories—water, land, and nature. We will do our best to accommodate your choices, but sessions will be filled on a "first come, first served" basis.

This year, OWOA is offering three different gun sessions at the nearby Deerassic Park shooting range. *To participate, you must take the **Gun Basics** session or have gun handling experience, so rank that session accordingly.*

Registrants will receive their weekend itineraries in early September. Any questions or concerns, please email Heidi.Hetzel-Evans@dnr.ohio.gov or call (614) 315-0495.

ON THE WATER SESSIONS (list your top three choices)

Introduction to Canoeing

Learn to be one with the water! This session will cover the basics of canoeing and the essentials of safe paddling. The class is taught by certified instructors. Dress to get wet. Class size limited to 12.

Introduction to Kayaking

Join one of the fastest paddling sports in Ohio. This session will cover the basics of kayaking and the essentials of safe paddling. Certified instructors will prepare you for a flat-water kayaking adventure. Dress to get wet. Class size limited to 10.

Kayak Fishing

Already know how to kayak but want to take it to the next level? Try kayak fishing. Fishing kayaks are more stable, which makes it easier to combine paddling with angling. You'll learn fishing techniques related to the species of fishing you'll be hoping to hook. Ohio fishing license required. Class limited to 10.

Personal Watercraft Basics

No matter what you call them—jet skis, wave runners or SeaDoos, personal watercraft are a fast and exhilarating way to go boating. Learn to safely operate one of these exciting, jet-propelled watercrafts from certified instructors. Dress to get wet. Class limited to 6.

Pontoon Boat Excursion

Enjoy the views of the Salt Fork region from the water. You'll have a chance to relax, enjoy the scenery and learn more about Ohio's largest state park. Class limited to boat capacity.

Power Boating Basics

"Power up" your boating skills on one of our 18-19 ft. power boats. This on-the-water session allows you to captain the boat. A certified instructor will show you how to effectively approach and depart a dock, execute a 360-degree turn in close quarters, set an anchor and more. Class limited to 9.

Stand Up Paddleboarding

Learn everything you need to know to get started in the exciting sport of standup paddleboarding (SUP). SUP offers a great workout and is a wonderful on-the-water activity. You will learn the proper stance for balance and control, essential paddling strokes and turning techniques. Class limited to 16.

ON THE LAND SESSIONS (list your top three choices)

Archery

Learn how to select bows, arrows, and other accessories. Expert instructors will lead you through the basics of using compound and crossbows on 3-D targets. The session will give you plenty of time to practice your new shooting skills. Class limited to 12.

Fly Tying/Fly Fishing

Part one of this **two-session** topic will give you the expert instruction and materials you need to create your own fly-fishing ties. Part two will cover different types of casting and then give you a chance to try fly fishing. All equipment provided. An Ohio fishing license is required. Class limited to 12.

Golf Basics

With the help of Salt Fork's experienced golfing staff, participants will have an opportunity to learn the basics of golf including choosing the correct equipment, practice swings, and a few rounds on the park's highly rated golf course. Additional \$10 fee. Class limited to 10.

Gun Basics

Learn the basics of gun safety for a variety of types including handgun, shotgun, and rifle. You'll learn how each gun operates as well as proper storage, handling and cleaning. This class is a prerequisite for all the shooting range sessions. Class limited to 36.

Hiking – Kennedy Stonehouse

This moderate 1-mile hike will take hikers past exposed sandstone outcrops, towering trees, and through shady woodlands to the historic Kennedy Stonehouse and Museum for a historical program and tour. Bug spray and sturdy footwear recommended. Class limited to 20.

Mountain Biking Skills

This introductory class will cover the basics of mountain biking and give participants a chance to ride through an obstacle/skills course. Equipment will be included except you must provide your own bike helmet. Class limited to 8.

Shooting Range – Basic Shotgun

Hitting a moving target isn't hard when you learn to shoot properly. Develop your shooting style with the help of experienced instructors. Participants will shoot 20-gauge firearms and learn to aim at moving clay targets. All equipment provided. Must take Gun Basics or provide shooting experience. Class limited to 12.

Shooting Range – Basic Pistol

This introductory class will cover the basics of marksmanship and gun safety and finish with time at the range. Participants will shoot low-powered .22 caliber revolvers and semi-automatic pistols alongside experienced instructors. Must take Gun Basics or provide shooting experience. Class limited to 12.

Shooting Range- Basic Rifle

Learn the rules of shooting and then spend time target shooting with a rifle, accompanied by experienced instructors. Must take Gun Basics or provide shooting experience. Class limited to 12.

Shoreline Fishing

Fishing is a great outdoor activity to enjoy with family and friends. Learn the basics of fishing such as selecting the proper equipment, learning to tie knots, and casting correctly. Ohio fishing license required. Class limited to 12.

NATURE SESSIONS (List your top three choices)

Art & Nature- Acrylics

Unleash your hidden Monet or Van Gogh! This indoor class will feature the basics of painting on canvas with acrylics and include an opportunity to create your own nature-inspired painting. Additional fee may apply. Class limited to 12.

Backyard Wildlife

Today's manicured yards leave little to be desired by local wildlife. This indoor class will cover how to combine the beauty of native gardening and the fun of attracting local wildlife to your backyard. Topics will include how to use wildflowers, pollinators, and using brush piles and bird houses to attract native wildlife. No class limit.

Blue Birds and Boxes

Learn about the life of Ohio's most distinguishable thrush—the Eastern Bluebird. From open meadows to forest edges, these unmistakable birds have won the hearts of many. In addition to learning about these birds, you'll assemble (without power tools) your own bluebird nest box for your back yard. Additional fee may apply. Class limited to 15.

Dutch Oven Cooking

Learn the delights of cooking delicious dishes over an open flame. This class will teach you the basics of Dutch oven cooking. You'll put together some easy recipes and sample each other's tasty dishes. Equipment and ingredients provided. Class limited to 12.

Geo Caching

If you love following scavenger hunt clues, then you'll love geo caching. This class will teach you how to use GPS equipment to find "treasures" in the park. You'll learn from veteran "cachers" who will also cover geo caching rules and etiquette. Class limited to 12.

Hiking – Hosak's Cave

This easy 1/2-mile hike offers a chance to view Hosak's Cave—the region's unique geological landmark. During rainy weather, a 50-foot waterfall plummets over the rim of this spacious rock-shelter, carved out by time and the geologic process. *Bug spray and sturdy footwear recommended. Class limited to 20.*

Nature Photography – Mobile Devices

Need a little help getting the perfect outdoor photo using your mobile device? Bring your favorite mobile device and our team of experienced photographers will share tips for improving your next photo. After a basic overview, the class will move outside to try a variety of angles and settings. Class limited to 12.

Nature Photography – Traditional Camera

Learn to take better pictures using your own camera. Our team of experienced photographers will share tips for better photography, minor editing, and sharing or saving your images for digital use. Part of the class time will be spent outside taking pictures. Class limited to 12.

Tree Ecology and Planting

Learn to identify trees, choose the best native tree for your landscape, and use best practices when planting and caring for young trees. The session includes participants planting trees at Salt Fork State Park to replace those lost to wind and pests. Please wear close-toed shoes—no sandals.